

# November-January



## Seacoast Christian Academy Middle & High School Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 29- Nov. 2 Nov. 26-30 Dec. 24-28 Jan. 21-25	Barbacoa Beef  <u>Sides:</u> WG Breadstick Mandarin Oranges Black Beans Spanish Rice	BBQ Pork Taco Bar w/ Assorted Toppings  <u>Sides:</u> WG Tortilla Pears Lay's Potato Chips	Chicken Pot Pie  <u>Sides:</u> WG Rolls Sliced Apples Mashed Sweet Potatoes	Chili w/ Beef  <u>Sides:</u> WG Breadstick Sliced Oranges Carrots	Cheese or Pepperoni Pizza  <u>Sides:</u> WG Biscuit Green Beans Mixed Fruit
Nov. 5- 9 Dec. 3-7 Dec. 31- Jan. 4 Jan. 28- Feb. 1	Vegetable Beef Soup w/ Grilled Cheese Sandwich  <u>Sides:</u> WG Roll Broccoli Pineapple	Chicken Drumsticks  <u>Sides:</u> WG Biscuit Sliced Oranges Peas & Carrots	Scrambled Eggs  <u>Sides:</u> WG Biscuit Sausage Grits Sliced Apples	Roasted Turkey  <u>Sides:</u> WG Roll Dressing w/ Gravy Sweet Potato Soufflé Fruit Salad	Cheese or Pepperoni Pizza  <u>Sides:</u> WG Breadstick Green Beans Peaches
Nov. 12-16 Dec. 10-14 Jan. 7-11	Meatball Subs  <u>Sides:</u> Lays Potato Chips Pears Glazed Carrots	Sheppard's Pie  <u>Sides:</u> WG Roll Sliced Oranges Broccoli	Baked Potato Bar w/ Assorted Toppings  <u>Sides:</u> Mixed Fruit Mixed Veggies	Chicken Tortilla Soup  <u>Sides:</u> WG Breadstick Pineapple Garden Peas	Cheese or Pepperoni Pizza  <u>Sides:</u> WG Roll Green Beans Mandarin Oranges
Nov. 19-23 Dec. 17-21 Jan. 14-18	Chicken Jambalaya  <u>Sides:</u> WG Roll Mandarin Oranges Zucchini	Beef Nacho Bar w/ Assorted Toppings  <u>Sides:</u> Spanish Rice Black Beans Mixed Fruit	Cajun Chicken Pasta  <u>Sides:</u> WG Breadstick Mixed Veggies Sliced Cinnamon Apples	Swedish Meatballs  <u>Sides:</u> WG Roll Mashed Potatoes Broccoli Peaches	Cheese or Pepperoni Pizza  <u>Sides:</u> Tater Tots Mixed Fruit Oranges Corn

